

## Stay at Work / Return to Work Modified Duty Guidelines

## **Service Industries**

Auto Repair & Dealerships / Building Operations / Drivers / Employment Agencies / Food Service / Hotel

## **AUTO REPAIR & DEALERSHIPS - Transitional Duty Options**

- 1. Answering phones
- 2. Auditing maintenance records
- 3. Calling for collections
- 4. Cashiering
- 5. Checking and repairing safety equipment (fire extinguishers, smoke detectors and first-aid kits)
- 6. Cleaning/restocking break rooms and bathrooms
- 7. Cleaning paint brushes
- 8. Completing paperwork for mechanics
- 9. Conducting site, building, vehicle or other safety inspections/surveys
- 10. Counting parts inventory
- 11. Driving customers to/from work
- 12. Entering gas information into tracking system
- 13. Filing, copying, data entry
- 14. Greeting customers
- 15. Light janitorial work
- 16. Monitoring car wash
- 17. Organizing tool boxes
- 18. Performing service representative's duties
- 19. Preparing customer mailings
- 20. Pumping gas
- 21. Reading manuals and watching training films
- 22. Running parts
- 23. Securing facilities and vehicles
- 24. Servicing customers
- 25. Shredding documents
- 26. Training new employees
- 27. Updating job descriptions
- 28. Updating safety manuals and MSD sheets

29.	Washing vehicles	
	AUTO REPAIR & DEALERSHIPS – Moderate Duty Options	
1.	Changing light bulbs	
2.	Checking exhaust systems	
3.	Checking tires	
4.	Detailing vehicles	
5.	Painting	
6.	Performing clock and accessory repairs	
7.	Performing cruise-control repairs	
8.	Performing electrical repairs	
9.	Sorting and unpacking small parts	
10.	Stocking	
11.	Sweeping	
BUILDING OPERATIONS – Transitional Duty Options		
1.	Answering Phones	
2.	Attending a class or seminar	
3.	Checking safety equipment (fire extinguishers, smoke detectors and first-aid kits)	
4.	Cleaning lint traps in laundry rooms	
5.	Compiling safety manuals and MSD sheets	
6.	Conducting fire drills	
7.	Conducting site, building, vehicle or other safety iinspections/surveys	
8.	Delivering messages	
9.	Developing evacuation maps	
10.	Filing	
11.	Giving building tours	
12.	Inspecting door locks, hardware and hinges	
13.	Light janitorial work	
14.	Locking and unlocking laundry rooms	
15.	Ordering supplies	
16.	Organizing supplies	
17.	Overseeing new employees	
18.	Picking up grounds around buildings	
19.	Running errands	
20.	Scheduling employees	
21.	Securing facilities	
22.	Showing spaces for lease	
23.	Shredding documents	
24.	Stuffing envelopes	
25.	Updating job descriptions	

26. Verifying time cards27. Watching safety videos

BUILDING OPERATIONS – Moderate Duty Options  1. Changing light bulbs  2. Cleaning rooms and appliances  3. Cleaning windows and doors  4. Emptying garbage cans  DRIVERS – Transitional Duty Options  1. Answering phones (handset if "no-handed work")  2. Auditing drivers' logs  3. Conducting site, building, vehicle or other safety inspections/surveys  4. Counting inventory  5. Delivering mail  6. Dispatching  7. Driving a route (light)
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7. Driving a route (light)
8. Entering data, fling, copying
9. Greeting customers
10. Inspecting vehicles for safety equipment
11. Light janitorial work
12. Light recycling
13. Monitoring alarms, video equipment and electrical systems
14. Monitoring truck maintenance and records
15. Performing safety walk-throughs
16. Receiving incoming trucks in the weight house
17. Reviewing safety videos
18. Servicing customers
19. Shredding documents
20. Training
21. Updating job descriptions
22. Updating maintenance logs
23. Updating safety manuals and MSD sheets
DRIVERS – Moderate Duty Options
1. Assembly
2. Changing light bulbs
3. Cleaning shop area
4. Cleaning vehicles
5. Driving a bus / being a chauffeur
6. Painting signs
7. Picking up debris in yard
8. Placing decals on bottles
9. Riding with trainee drivers
10. Washing windows

	EMPLOYMENT AGENCIES – Transitional Duty Options
1.	Answering phones
2.	Checking safety equipment (fire extinguishers, smoke detectors and first-aid kits)
3.	Conducting site, building, vehicle or other safety inspections/surveys
4.	Copying and computer work
5.	Filing applications
6.	Learning new office skills
7.	Mailings
8.	Performing special projects
9.	Shredding documents
10.	Viewing safety videos
	EMPLOYMENT AGENCIES – Moderate Duty Options
1.	Cleaning/stocking offices, break room, lunchroom, conference rooms
	FOOD SERVICE – Transitional Duty Options
2.	Answering phones
3.	Calling customers
4.	Cashiering
5.	Checking prices on invoices
6.	Conducting site, building, vehicle or other safety inspections/surveys
7.	Counting inventory
8.	Display advertisements and change sale signs
9.	Entering data
10.	Facing products
11.	Filing
12.	Filling supplies
13.	Greeting customers
14.	Handing out carts to customers
15.	Making deliveries
16.	Making intercom announcements
17.	Making maps of store aisles
18.	Marking warehouse tags
19.	Matching orders
20.	Opening mail
21.	Organizing food shelves
22.	Overseeing new employees
23.	Passing out samples
24.	Performing price checks
25.	Performing safety walk-throughs (fire extinguishers, smoke detectors and first aid kits)
26.	Repairing safety equipment
27.	Light janitorial work

28. Returning items to shelves 29. Rotating products 30. Running errands 31. Scheduling employees 32. Securing facilities and products 33. Shredding documents 34. Sorting coupons 35. Straightening shelves 36. Stuffing envelops 37. Updating job descriptions 38. Updating safety manuals and MSD sheets 39. Working at the customer service counter 40. Writing orders **FOOD SERVICE – Moderate Duty Options** 1. Bagging customers' items 2. Breaking down boxes 3. Changing light bulbs 4. Cleaning break rooms 5. Cleaning conveyor belts at registers 6. Cleaning fixtures 7. Cleaning windows and doors 8. Collecting cardboard off shelves 9. Collecting carts from parking lot 10. Emptying garbage cans 11. Stocking shelves 12. Working in the warehouse **HOTEL – Transitional Duty Options** 1. Answering phones 2. Assisting banquet set up 3. Assisting bakery 4. Cashiering 5. Checking safety equipment (fire extinguishers, smoke detectors and first-aid kits) 6. Cleaning and purging menus 7. Conducting site, building, vehicle or other inspections/surveys 8. Copying, filing, computer work 9. Delivering items to rooms 10. Delivering messages 11. Filling salt/pepper shakers, sugar, napkin dispensers; empty ashtrays 12. Folding napkins 13. Garnishing food 14. Greeting customers

15. Hostessing		
16. Inspecting facilities		
17. Inspecting rooms		
18. Inventorying items		
19. Light janitorial work		
20. Organizing continental breakfasts		
21. Performing customer service representative duties		
22. Performing safety walk-throughs		
23. Polishing silver		
24. Preparing food (salads, bread, etc.)		
25. Pushing dessert cart or tray		
26. Reviewing safety videos		
27. Running errands		
28. Scheduling		
29. Seating customers		
30. Setting up tables		
31. Shredding documents		
32. Sorting mail		
33. Sorting silverware		
34. Taking reservations		
35. Updating job descriptions		
36. Updating safety and MSD sheets		
37. Watching security monitors		
38. Wrapping silverware		
39. Wiping and cleaning surfaces to prevent the spread of flu viruses		
HOTEL – Moderate Duty Options		
1. Arranging cabinets		
2. Changing light bulbs		
3. Checking supply cupboards		
4. Cleaning windows		
5. Doing laundry		
6. Installing safety and warning signs		
7. Overseeing dining room		
8. Serving coffee and other beverages		
9. Stocking shelves		
10. Turning down beds		
11. Unloading boxes		
12. Unloading trucks		
13. Washing dishes		