

## Injury Prevention & Worksite Wellness Free Safety Training Seminars

The A.I.M. Mutual Insurance Companies' Injury Prevention & Worksite Wellness Department will be beginning the fall series of Free Regional Training sessions in a few weeks.

A schedule of the programs and topic descriptions are included in the attached file.

Session attendance will be limited to approximately twenty participants so early registration is suggested. Two attendees per company will be permitted to attend, if space is available.

Registration deadlines for each program are noted on the schedule.

To register, please reply to the e-mail address below and provide your Name, Company Name and Phone Number. We will confirm your registration by return e-mail along with directions to the session.

I hope to see you there!

Wayne C. Safri

Wayne C. Grudzien, CSP, ARM, CWPC Director Injury Prevention and Worksite Wellness

The A.I.M. Mutual Injury Prevention and Worksite Wellness Department will only use your e-mail address to provide you with safety related information that may be of interest to you. If you do not wish to continue to receive such mailings, please let us know by e-mail, and we will promptly remove your name from our mailing list.

### A.I.M. Mutual Insurance Companies

## 2014 Safety Training Schedule

Seminar Date	Time	Торіс	Registration Deadline	
A.I.M. Mutual Insurance, One Lakeshore Drive, Bridgewater, MA				
September 25, 2014	9:00 - 12:00	Fall Protection	September 18, 2014	
November 20, 2014	9:00 - 12:00	Ladder/Scaffold User Safety & Hazard Awareness	November 13, 2014	
Holiday Inn Express & Suites, 39 Southampton Road, Westfield, MA				
September 16, 2014	9:00 - 12:00	Ladder/Scaffold User Safety & Hazard Awareness	September 9, 2014	
November 18, 2014	9:00 - 12:00	Hazard Communication/GHS	November 11, 2014	
A.I.M. Mutual Insurance, 290 Donald Lynch Blvd., Marlborough MA				
September 10, 2014	8:30 - 12:00	Forklift Train-the-Trainer	September 3, 2014	
November 12, 2014	9:00 - 12:00	Worksite Wellness	November 5, 2014	
A.I.M. Mutual Insurance, 54 Third Avenue, Burlington, MA				
September 11, 2014	9:00 - 12:00	Worksite Wellness	September 4, 2014	
November 13, 2014	9:00 - 12:00	Fall Protection	November 6, 2014	
The Scott Lawson Companies, 20 Chenell Drive, Concord, NH				
September 17, 2014	9:00 - 12:00	Hazard Communication/GHS	September 10, 2014	

September 17, 2014	9:00 - 12:00	Hazard Communication/GHS	September 10, 2014
November 19, 2014	8:30 - 12:00	Forklift Train-the-Trainer	November 12, 2014

Register by E-mail at ipwwprograms@aimmutual.com

### **Topic Descriptions**

#### Worksite Wellness

By attending the AIM Mutual Worksite Wellness seminar attendees will learn how creating a culture of wellness can enhance employee productivity and help to reduce healthcare and workers compensation insurance costs over time. This program will assist attendees in making the case for a comprehensive worksite wellness program that makes sense for each organization. Attendees will learn the advantages and disadvantages of various program models and approaches to wellness. Discussion of some simple ways to start a wellness program will be included in this seminar.

#### Ladder User Safety and Hazard Awareness/ Scaffold User Safety and Hazard Awareness

This seminar will be presented by a representative from Lynn Ladder and Scaffolding Company. The Ladder User Safety and Hazard Awareness portion of the seminar is for employees that perform work while using portable and/or fixed ladders. This program covers the proper selection, care and use of both portable and fixed ladders with respect to both OSHA and ANSI standards.

The Scaffold User and Hazard Awareness portion of the seminar is for employees that perform work while on a scaffold. This program covers scaffold safety with regard to fall prevention, falling objects, electrocution, unsafe acts and collapse. Emphasis is on hazard identification and accident prevention.

#### Fall Protection

This seminar will be held in conjunction with Chris Caron, President of American Safety Supply. Mr. Caron will discuss the OSHA Fall Protection standard as it pertains to guardrails, safety nets, personal fall arrest systems, positioning devices, warning lines, controlled access zones, safety monitoring systems, and covers. Mr. Caron will also lead a demonstration of actual fall protection equipment. He will focus on inspection and maintenance protocol, proper donning and doffing techniques and the difference between work positioning and fall arrest gear. Attendees will have an opportunity to handle equipment that includes various types of harnesses, anchorage connectors, lanyards, and deceleration devices.

#### Forklift - Train-the-Trainer\*

Designed to prepare attendees to train fellow employees to operate forklifts safely, this program focuses primarily on counterbalance trucks, but the principles can be applied to all types of vehicles. Attendees will be provided with training materials that will enable them to conduct operator training at their places of employment. Discussion of the new Massachusetts Department of Public Safety Hoisting Machinery regulations will be included in this seminar.

#### Hazard Communication/GHS

A comprehensive review of the Standard's written program, MSDS, training, and labeling requirements will be conducted. Changes to OSHA's Hazard Communication Standard to conform with the United Nation's Globally Harmonized System (GHS) will also be included. Topics reviewed are changes associated with chemical classification, new hazard warning symbols, and changes in both container labeling requirements and SDS sheets. A timeline of actions required by employers to ensure compliance with the revised standard will also be reviewed.

#### Who should attend?

# All of the programs are designed for senior management, safety directors, HR managers, or other individuals having a management responsibility for safety, workers compensation, or OSHA compliance.

\*The forklift program is a <u>train-the-trainer</u> program and not an operator safety program. Only personnel having the responsibility of training other operators should attend.