Employer’s guide to the Best Doctors Occupational Health Institute

What you need to know

The treatment of work-related injuries requires physicians who are not only expert in the care of musculo-skeletal injuries, but they also must understand the importance of helping your employees return to rewarding productive lives. The quality of care your employee receives in the first few weeks of injury will have a tremendous influence on whether he or she is able to return to work safely or suffers from a prolonged disability.

About the Best Doctors Occupational Health Institute of Northern New England (BDOHI-NNE)

BDOHI-NNE is a medical community of physicians and allied health professionals who have been selected by their peers for clinical excellence and an understanding of productivity issues so important to work-related injuries. The mission of BDOHI-NNE is to help your injured employees get the best care possible and to assure a safe recovery and a prompt return to productivity.

How to help your employees benefit from the Best Doctors Occupational Health Institute-NNE

- Identify and encourage the use of the most convenient BDOHI-NNE Primary Occupational Health Center for your employees. For emergent situations dial 911.

- Display the A.I.M. Mutual/BDOHI-NNE poster with the name, address and phone number of the most convenient Primary Occupational Health Center in a public viewing area. The poster is available at www.aimmutual.com in our Forms Library.

- In the event of a serious injury please call us immediately at 1.866.270.3354. Please report all other injuries through our website www.aimmutual.com. Click on Report a Claim.

- If your employee requires specialty care he or she can call the assigned A.I.M. Mutual claim handler at 1.800.876.2765 for several recommendations.

Remember…

Your employees are your most important resource. Our mission is to help you, help them when injured on the job.
Primary Occupational Health Centers
BDOHI Credentialed Affiliates in BLUE

VERMONT

BARRE
Concentra Medical Center*
654 Granger Road
Barre, VT  05641
Tel: (802) 223-7499 / Fax: (802) 223-4120

RUTLAND
ClearChoice MD Urgent Care*
173 South Main Street
Rutland, VT  05701
Tel: (802) 772-4165 / Fax: (802) 855-8489

BENNINGTON
Southwestern VT Medical Center
Occupational Health
120 Hospital Drive
Bennington, VT  05201
Tel: (802) 447-5317

Occupational Health Partners, LLC
9 Commons Street
Rutland, VT  05701
Tel: (802) 747-1753 / Fax: (802) 747-4061

SOUTH BURLINGTON
Champlain Medical Urgent Care
150 Kennedy Drive
South Burlington, VT  05403
Tel: (802) 448-9370 / Fax: (802) 448-1414

ClearChoice MD Urgent Care*
1200 Williston Road
South Burlington, VT  05403
Tel: (802) 448-8205 / Fax: (802) 448-8206

ClearChoice MD Urgent Care*
7 Fayette Drive
South Burlington, VT  05403
Tel: (802) 658-5756 / Fax: (802) 865-0042

BERLIN
Central Vermont Medical Center
244 Granger Road
Berlin, VT  05602
Tel: (802) 225-3942 / Fax: (802) 225-3959

ClearChoice MD Urgent Care*
798 US RT 302
Berlin, VT  05641
Tel: (802) 744-0138 / Fax: (802) 622-0836

ST. ALBANS
ClearChoice MD Urgent Care*
178 Swanton Road
St. Albans, VT  05478
Tel: (802) 528-5100 / Fax: (802) 528-5793

ClearChoice MD Urgent Care*
260 Crest Road, Suite 204
St. Albans, VT  05478
Tel: (802) 524-1223 / Fax: (802) 524-1095

ESSEX JUNCTION
Champlain Sports Medicine
67 Lincoln Street
Essex Junction, VT  05452
Tel: (802) 878-1003

ST. JOHNSBURY
Northeastern Vermont Regional Hospital
Occupational Medicine Services
1290 Hospital Drive
St. Johnsbury, VT  05819
Tel: (802) 748-4393

*Affiliation pending

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NEW HAMPSHIRE

BERLIN

Coos County Health Services
133 Pleasant St., Berlin, NH 03570
Tel: (603) 752-2040 / Fax: (603) 752-7797

CONCORD

Merrimack Valley Occupational Health
171 Pleasant St., Concord, NH 03301
Tel: (603) 228-3500 / Fax: (603) 228-3503

CONWAY

Saco Medical Group
7 Greenwood Ave., Conway, NH 03818
Tel: (603) 447-3500 / Fax: (603) 447-5568

EXETER

Center for Occupational and Employee Health
6 Hampton Rd, Exeter, NH 03833
Tel: (603)-580-6635 / Fax: (603)-580-6579
Contact: Rose Phillips Practice Manager (603) 580-7323
For appointments: Alena Ciriello (603)-580-6635 x1

The Bakie Ctr at Access Occupational Medicine
Access Health Building
1 Hampton Rd, Exeter, NH 03833
Tel: (603) 775-7575 Ext 3001 / Fax: (603) 778-9680

KEENE

Cheshire Medical Center Occupational Health
448 West St., Keene, NH 03431
Tel: (603) 354-6585 / Fax: (603) 354-6584

LEBANON

Dartmouth Hitchcock Medical Center
Occupational Health Center
One Medical Center Dr., Lebanon, NH 03756
Tel: (603) 653-3850 / Fax: (603) 650-0928

Occupational Health at Alice Peck Day
10 Alice Peck Day Drive, Lebanon, NH 03766
Tel: (603) 448-7459 / Fax: (603) 448-7469

LITTLETON

Littleton Hospital Occupational Health
600 St. Johnsbury Rd., Littleton, NH 03561
Tel: (603) 444-9294 / Fax: (603) 444-9025

MANCHESTER

ExpressMED/Bedford Occupational & Acute Care
1 Highlander Way, Manchester, NH 03103
Tel: (603) 625-2622 / Fax: (603) 626-1816

ExpressMED/Bedford Occupational & Acute Care
35 Kosciuszko Street, Manchester, NH 03101
Tel: (603) 627-8053 / Fax: (603) 627-4241

NASHUA

St. Joseph Business & Health
166 Kinsley Street, Suite 203, Nashua, NH 03061-2013
Tel: (603) 595-7371 (F) 603-595-6943

NEWPORT

Newport Health Center
11 John Stark Highway, Newport, NH 03773
Tel: (603) 863-4100 / Fax: (603) 863-3585

PORTSMOUTH

Occupational Health Services of Portsmouth Hospital
Pease International Tradeport
25 New Hampshire Avenue, Suite 105
Portsmouth, NH 03801
Tel: (603) 430-9675 / Fax: (603) 334-6088

SALEM

ExpressMED /Bedford Occupational & Acute Care at Salem
159 North Broadway, Salem, NH 03079
Tel: (603) 898-0961 / Fax: (603) 898-0964

SOMERSWORTH

SeaCoast Redicare
396 High Street, #1, Somersworth, NH 03878
Tel: (603) 692-6066 / Fax: (603) 692-4815

TILTON

Merrimack Valley Occupational Health
614 Laconia Road, Rte 3, Tilton, NH 03276
Tel: (603) 717-7020 / Fax: (603) 717-7011
Primary Occupational Health Centers
BDOHI Credentialed Affiliates in BLUE MASSACHUSETTS

AMESBURY
Anna Jacques Hospital Occupational Health
24 Morrill Place, Amesbury, MA 01913
Tel: (978) 834-8190 / Fax: (978) 834-8188
Contact: Pat Powers, Director
For appointments: Wendy Schlessinger, front desk

AMHERST
AEIOU Occupational Health & Urgent Care
170 University Drive Amherst, MA 01002
Tel: (413) 461-3530 / Fax: (413) 461-3532
Contact: Lisa Rhoades, Practice Manager
For appointments: (413) 461-3530

ATTLEBORO
Sturdy Occupational Health
211 Park St. 2nd floor, Attleboro, MA 02703
Tel: (508) 236-7500 / Fax: (508) 222-0796
Contact: Sue Higgins, Practice Manager
For appointments: (508) 236-7500

AUBURN
Reliant Medical Occupational Health
35 Millbury St., Auburn, MA 01501
Tel: (508) 460-3228 / Fax: (508) 832-9025
Contact: MaryBeth Colarusso, (508) 852-0600 x51352
For appointments: (508) 853-2854

AYER
Nashoba Valley Occupational Health
200 Groton Road, Ayer, MA 01432
Tel: (978) 784-9328 / Fax: (978) 784-9666
Contact: Marcia Estes, (978) 784-9633
For appointments: (978) 784-9328 option #5

BEVERLY
Quadrant Health Strategies
500 Cummings Center, Suite 4350
Beverly, MA 01915
Tel: (978) 532-2428 / Fax: (978) 532-0616
Contact: Diane Talbot, (978) 998-3173
For appointments: (978) 532-2428

BILLERICA
CareWell Urgent Care
510 Boston Road, Billerica, MA 01821
Tel: (978) 362-2443 / Fax: (978) 362-8799
Contact: Linda Zacchini, Practice Manager

BOSTON
New England Baptist Occupational Health
125 Parker Hill Ave., 3rd Floor Suite 360
Boston, MA 02120
Tel: (617) 754-5620 ext 1 / Fax: (617) 754-6453
Contact: Kathy Lehan, NCM, (617) 754-6786
For appointments: (617) 754-5246

OccMed Consulting & Injury Care, LLC
10 Hawthorne Place, Suite 114, Boston, MA 02114
Tel: (617) 367-5002 / Fax: (877) 529-0181
Contact: Emily Burress (617) 314-2018
For appointments: (617) 314-2018

BROCKTON
Tristan Medical Express Care
1340 Belmont St., Brockton, MA 02301
Tel: (508) 583-1400 / Fax: (508) 583-3400
Contact: Donna Chase, (508) 824-0243 Option 2
For appointments: (508) 583-1400

CAMBRIDGE
CareWell Urgent Care
1400 Cambridge St. (at Inman Square)
Cambridge, MA 02139
Tel: (617) 714-4534 / Fax: (617) 714-4962
CareWell Urgent Care
601-603 Concord Ave., Cambridge, MA 02138
Tel: (857) 972-7538 / Fax: (857) 706-1108
Mount Auburn Hospital Occupational Health
725 Concord Ave, Suite 5100, Cambridge, MA 02138
Tel: (617) 354-0546 / Fax: (617) 868-4497
Contact: Bob Benoit, Manager (617) 499-6722
For appointments: (617) 354-0546

DEDHAM
Davis Occupational Health
200 Providence Highway, Suite 202-203
Dedham, MA 02026
Tel: (781) 326-1464 / Fax: (781) 326-9075
Contact: Dr. Agustino Iarrobino, MD/Practice Manager
For appointments: (781) 255-0778
*Insured required to have an account*
**Employer must call ahead, walk-ins not accepted**
***Not accepting new patients/accounts***
Primary Occupational Health Centers
BDOHI Credentialed Affiliates in BLUE

DRACUT

Circle Health Dracut
( Opening Sept 17th 2018)
9 Loon Hill Road, Dracut, MA 01826
Tel: (978) 459-2273
Contact: Elizabeth Cunningham, Practice Manager

EAST LONGMEADOW

Occu-Health
200 North Main St., Suite 5
East Longmeadow, MA 01028
Tel: 844-885-1489 / Fax: (413) 525-9009
Contact: Chris Parent, Owner
For appointments: (413) 525-6003

FAIRHAVEN

Southcoast Health System Urgent Care
208 Mill Rd, Fairhaven, MA 02719
Tel: (508) 973-2432 / Fax: (508) 973-2435
Contact: Karen Scott, (508) 973-9117

Tristan Medical Express Care (Urgent Care)
210 Washington St., Fairhaven, MA 02719
Tel: (508) 992-5546 / Fax: (508) 990-0391
Contact: Donna Chase, (508) 824-0243 x104

FALL RIVER

Southcoast Occupational Health @ Charlton Hospital
534 Prospect St., Fall River, MA 02720
Tel: (508) 973-7044 / Fax: (508) 973-7098
Contact: Karen Scott, (508) 973-9117
For appointments: (508) 973-7044

Trumed Inc.
528 Newton St., Fall River, MA 02721
Tel: (508) 675-1522 / Fax: (508) 676-5647
Contact: Lisa Souza, Practice Manager
For appointments: (508) 675-1522

FITCHBURG

CareWell Urgent Care
380 John Fitch Highway, Fitchburg, MA 01420
Tel: 978-216-6595 / Fax: 978-696-3569
Contact: Aaron Martin, Practice Manager

FRAMINGHAM

CareWell Urgent Care
50 Worcester Road (Route 9), Unit 3
Framingham, MA 01702
Tel: (508) 861-7375 / Fax: (508) 861-3952
Contact: Sarah Mclain, Regional Manager

GREENFIELD

AEIOU Occupational Health and Urgent Care
489 Bernardston Rd, Greenfield, MA 01301
Tel: (413) 773-1394 / Fax: (413) 773-1398
Contact: Lisa Rhoades, Practice Manager
For appointments: (413) 773-1394

HADLEY

MedExpress Urgent Care
424 Russell St. Hadley, MA 01035
Tel: (413) 584-6104 / Fax: (413) 586-6513
Contact: Nathan Jamroga, Area Manager (413) 241-1464
For appointments: (413) 253-0483

Occu-Health
106 Russell St. Hadley, MA 01035
Tel: (413) 584-6104 / Fax: (413) 586-6513
Contact: Chris Parent, Owner
For appointments: (413) 584-6104

HOLYOKE

Work Connection at Holyoke Hospital
575 Beech St., Holyoke, MA 01040
Tel: (413) 534-2546 / Fax: (413) 534-2663
Contact: Patrick McIntyre, Manager
For appointments: (413) 534-2576

HYANNIS

Cape & Islands Occupational Medicine
130 North St., Lower Level, Hyannis, MA 02601
Tel: (508) 568-3773 / Fax: (508) 771-5774
Contact: Hillary Hutchinson
For appointments: (508) 568-3773

Tristan Medical Mid-Cape
489 Bareses Way, Hyannis, MA 02601
Tel: (508) 771-4092 / Fax: (508) 771-9466
Contact: Harvey Scher, Operations Manager
For appointments: (508) 771-4092

LAWRENCE

Work Health at Lawrence Hospital
Marston Medical Center
25 Marston St, Suite 204, Lawrence, MA 01841
Tel: (978) 683-4000 ext 2343 / Fax: (978) 946-8296
Contact: Janet Sheehan, Manager
For Appointments: (978) 683-4000 X2343
LEOMINSTER
Take Charge Occupational Health
510 North Main St., Leominster, MA 01453
Tel: (978) 248-8880 / Fax: (978) 534-3875
Contact: Kathleen Kusmarik, Practice Manager
For appointments: (978) 248-8880

LEXINGTON
CareWell Urgent Care
58 Bedford St., Lexington, MA 02420
Tel: (781) 538-4526 / Fax: (781) 538-4531
Contact: Mike Lord, Regional Manager

LONGMEADOW
Occu-Health
200 North Main St Suite 5, East Longmeadow MA 01028
Tel: (413) 525-6003 / Fax: (413) 525-9009
Contact: Chris Parent, Owner
For appointments: (413) 584-6104

LOWELL
Lowell General Hospital Urgent Care Center
**For Initial Treatment/Urgent Care Only**
(Closing Sept 17th, 2018) New Location Dracut
1230 Bridge St., Lowell, MA 01850
Tel: (978) 459-2273
Contact: Elizabeth Cunningham, Practice Manager

MARLBOROUGH
CareWell Urgent Care
757 Boston Post Road East, Marlborough, MA 01752
Tel: (508) 630-8989 / Fax: (508) 630-8981
Contact: Valerie Roman, Site Manager
MedWorks Occupational Health
UMass Memorial at Marlborough Hospital
157 Union St., Marlborough, MA 01752
Tel: (508) 486-5711 / Fax: (508) 229-1201
Contact: Annette Casco, Practice Mgr. (508) 486-5901
For appointments: (508) 486-5711

MILFORD
TeamWork Occupational Health - Milford Hospital
115 Water St., 2nd Floor, Milford, MA 01757
Tel: (508) 422-2761 / Fax: (508) 473-7588
Contact: Melissa Paquette
For appointments: (508) 422-2761

NEEDHAM
Beth Israel Deaconess Hospital - Needham
Occupational Health
300 Chestnut St., Needham, MA 02492
Tel: (781) 453-8440 / Fax: (781) 453-8445
Contact: Karen Foulkrod, Administrative Director
For appointments: (781) 453-8440
(Does not suture)
CareWell Urgent Care
922 Highland Ave, Needham, MA 02494
Tel: (781) 400-1383 / Fax: (781) 400-5914
Contact: Sarah Mcclain, Regional Manager

NEW BEDFORD
Southcoast Occupational Health at St Luke’s Hospital
101 Page St., New Bedford, MA 02740
Tel: (508) 973-5469 / Fax: (508) 973-5472
Contact: Joseph Scott, (508) 973-9117
For appointments: (508) 973-5469

NORTH ATTLEBORO
Tristan Medical North Attleboro Care Center
465 S. Washington St., North Attleboro, MA 02760
Tel: (508) 316-0725 / Fax: (508) 316-1685
Contact: Chanell Sae-Eaw, (508) 316-0725
For appointments: (508) 316-0725

NORTH EASTON
Care Central Urgent Care
682 Depot Street, North Easton, MA 02356
Tel: (508) 297-1665 / Fax: (508) 297-2114
Contact: Dr. Renee Wilson, Owner

NORTHBOROUGH
CareWell Urgent Care
333 Southwest Cutoff, Unit 202
Northborough, MA 01532
Tel: (508) 466-8677 / Fax: (508) 466-8678
Contact: Andrew Fassbender, Practice Manager

NORTON
Tristan Medical Occupational Health & Primary Care
184 West Main St., Norton, MA 02766
Tel: (508) 824-0243 / Fax: (508) 828-1810
Contact: Donna Chase, (508) 824-0243 option 5
For appointments: (508) 824-0243
Primary Occupational Health Centers
BDOHI Credentialled Affiliates in BLUE

NORWELL
CareWell Urgent Care
42 Washington St., Norwell, MA 02061
Tel: (781) 421-3503 / Fax: (781) 421-3512
Contact: Susan Courage, Practice Manager

PEABODY
CareWell Urgent Care
229 Andover St. (Rte 114), Peabody, MA 01960
Tel: (978) 826-5950 / Fax: (978) 826-5951
Contact: Linda, Practice Mgr, (978) 826-5950

PITTSFIELD
Berkshire Medical Center Occupational Health
610 North St., Pittsfield, MA 01201
Tel: (413) 447-2684 / Fax: (413) 447-2805
Contact: John McLean, Client Liaison (413) 447-2029
For appointments: (413) 447-2684

PLYMOUTH
Beth Israel Deaconess Hospital – Plymouth
Jordan on the Job Occupational Health
45 Resnick Rd., Suite 201, Plymouth, MA 02360
Tel: (508) 732-0401 / Fax: (508) 732-0354
Contact: Ted Harrington (508) 732-0127
For appointments: (508) 732-0401

RAYNHAM
Tristan Medical Urgent Care Center
675 Paramount Dr., Suite 203, Raynham, MA 02767
Tel: (508) 880-0012 / Fax: (508) 880-0032
Contact: Donna Chase, (508) 824-0243 x100

SANDWICH
Cape & Islands Occupational Medicine
18 Route 6A, Building 2, Sandwich, MA 02563
Tel: (508) 568-3773 / Fax: (508) 771-5774
Contact: Hillary Hutchinson
For appointments: (508) 568-3773 (Appts only Fridays)

SEEKONK
Southcoast Urgent Care Center (Seekonk)
39 Commerce Way, Seekonk, MA 02771
Tel: (508)-336-6181 (F) 508-336-6191

SHREWSBURY
Reliant Medical Occupational Health
222 Boston Turnpike, Shrewsbury, MA 01545
Tel: (508) 853-2854 / Fax: (508) 853-4354
For appointments: (508) 853-2854

SOMERVILLE
Cambridge Health Alliance Occupational Health
Assembly Square Mall
5 Middlesex Ave, 1st Floor, Somerville, MA 02145
Tel: (617) 591-4660 / Fax: (617) 591-4693
Contact: Bill Greene, Business Ops Manager, (617) 591-4673
For appointments: (617) 591-4660

CareWell Urgent Care
349 Broadway, Somerville, MA 02145
Tel: (617) 996-6987 / Fax: (617) 996-6989
Contact: Sharay Howard, Practice Manager

SOUTH DENS
CareWell Urgent Care
Patriot Square, 484 Route 134, S. Dennis, MA 02660
Tel: (508) 694-7901 / Fax: (508) 694-7898
Contact: Sarah McLain, Practice Manager

SOUTHBOROUGH
Reliant Medical Occupational Health
28 Newton St., Southborough, MA 01772
Tel: (508) 460-3228 / Fax: (508) 486-4404
Contact: Mary Beth Colarusso, (508) 852-0600 x51352
For appointments: (508) 460-3228

SOUTHBOROUGH
CompreCare Occupational Health
Harrington Hospital
32 Oakes Ave., 1st Floor, Southbridge, MA 01550
Tel: (508) 765-3093 / Fax: (508) 765-3047
Contact: Arlene Smith, Practice Manager
For appointments: (508) 765-3093

SPRINGFIELD
Pioneer Valley Occupational Medicine at Family Care
Medical Center
1515 Allen St., Springfield, MA 01118
Tel: (413) 783-9114 / Fax: (413) 782-0960
For appointments: (413) 783-9114

WorkWise at Mercy Hospital
Weldon Center at 233 Carew St, Suite 125
Springfield, MA 01104
Tel: (413) 748-6869/ Fax: (413) 748-6877
Contact: Patty Weller, Clinic Manager, opt #5
For appointments: (413) 748-6869 opt #2

STOUGHTON
Care Central Urgent Care
286 Washington St., Stoughton, MA 02072
Tel: (781) 341-2800 / Fax: (781) 341-2828
Contact: Dr. Renee Wilson, Owner

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Primary Occupational Health Centers
BDOHI Credentialled Affiliates in BLUE

TEWKSBURY

CareWell Urgent Care
345 Main St., Tewksbury, MA 01876
Tel: (978) 851-4683 / Fax: (978) 710-5054
Contact: Mike Lord, Regional Manager

WALTHAM

Newton-Wellesley Urgent Care Center – Waltham
Children’s Hospital Building
9 Hope Ave. Waltham, MA 02453
Tel: (617) 243-5590 / Fax: (617) 243-6126

WAREHAM

Southcoast Health Systems Urgent Care
Wareham Crossing
2421 Cranberry Highway Suite 20, Wareham, MA 02571
Tel: (508) 273-1810
Contact: Kelly Houlde, Office Manager

WESTFORD

Circle Health/ Lowell General Hospital Occ Med
198 Littleton Road, Westford, MA 01863
Tel: (978) 458-6868 / Fax: (978) 458-3735
Contact: Betsy Cunningham, Clinical Manager
For appointments: (978) 458-6868

WILMINGTON

Concentra Urgent Care & Occupational Medical Ctr
66 B Concord St., Wilmington, MA 01887
Tel: (978) 657-3826 / Fax: (978) 657-6155
Contact: Ellen Maxfield, Ops Manager
For appointments: (978) 657-3826

All One Health
200 Ballardvale Street, Suite 301
Wilmington, MA 01887-1075
Tel: (800) 350-4511 ext. 5021 / Fax: (781) 938-4686
Contact: Regional Ops Manager

WORBCESTER

CareWell Urgent Care
348 Greenwood St., Worcester, MA 01607
Tel: (774) 420-2103 / Fax: (774) 420-2104
Contact: Valarie Roman, Site Manager

CareWell Urgent Care
500 Lincoln St., Worcester, MA 01605
Tel: (774) 420-2111 / Fax: (774) 420-2112
Contact: Nicole Troy, Site Manager

Webster Square Medical Center
255 Park Ave., Suite 400, Worcester, MA 01609
Tel: (508) 755-9776 / Fax: (508) 831-7861
Contact: Judy Gedman, x228
For appointments: (508) 755-9776 opt #1

RHODE ISLAND

PAWTUCKET

Armistice Urgent Care and Occupational Health
209 Armistice Blvd., Pawtucket, RI 02860
Tel: (401) 725-4100 option #6 / Fax: (401) 728-5010

WARWICK

CareWell Urgent Care
535 Centerville Rd., Suite 102, Warwick, RI 02886
Tel: (401) 773-7220 / Fax: (401) 773-7221
Contact: Vanessa Hedquist, Practice Manager

WOONSOCKET

Landmark Medical Center/Occupational Health
176 Cass Avenue, Woonsocket, RI 02895
Tel: (401) 767-1594 / Fax: (401) 767-1629