

Employer's guide to the Best Doctors Occupational Health Institute

What you need to know

The treatment of work-related injuries requires physicians who are not only expert in the care of musculo-skeletal injuries, but they also must understand the importance of helping your employees return to rewarding productive lives. The quality of care your employee receives in the first few weeks of injury will have a tremendous influence on whether he or she is able to return to work safely or suffers from a prolonged disability.

About the Best Doctors Occupational Health Institute of Northern New England (BDOHI-NNE)

BDOHI-NNE is a medical community of physicians and allied health professionals who have been selected by their peers for clinical excellence and an understanding of productivity issues so important to work-related injuries. The mission of BDOHI-NNE is to help your injured employees get the best care possible and to assure a safe recovery and a prompt return to productivity.

How to help your employees benefit from the Best Doctors Occupational Health Institute-NNE

- Identify and encourage the use of the most convenient BDOHI-NNE Primary Occupational Health Center for your employees. For emergent situations dial 911.
- Display the A.I.M. Mutual/BDOHI-NNE poster with the name, address and phone number of the most convenient Primary Occupational Health Center in a public viewing area. The poster is available at www.aimmutual.com in our Forms Library.
- In the event of a **serious injury** please call us immediately at 1.866.270.3354. Please report all other injuries through our website www.aimmutual.com. Click on **Report a Claim**.
- If your employee requires specialty care he or she can call the assigned A.I.M. Mutual claim handler at 1.800.876.2765 for several recommendations.

Remember...

Your employees are your most important resource. Our mission is to help you, help them when injured on the job.

Primary Occupational Health Centers

BDOHI Credentialed Affiliates in **BLUE**

AMESBURY

Anna Jacques Hospital Occupational Health

24 Morrill Place, Amesbury, MA 01913
Tel: (978) 834-8190 / Fax: (978) 834-8188
Contact: Pat Powers, Director
For appointments: Wendy Schlessinger, front desk

AMHERST

AEIOU Occupational Health & Urgent Care

170 University Drive Amherst, MA 01002
Tel: (413) 461-3530 / Fax: (413) 461-3532
Contact: Lisa Rhoades, Practice Manager
For appointments: (413) 461-3530

ATTLEBORO

Sturdy Occupational Health

211 Park St. 2nd floor, Attleboro, MA 02703
Tel: (508) 236-7500 / Fax: (508) 222-0796
Contact: Sue Higgins, Practice Manager
For appointments: (508) 236-7500

AUBURN

Reliant Medical Occupational Health

35 Millbury St., Auburn, MA 01501
Tel: (508) 460-3228 / Fax: (508) 832-9025
Contact: MaryBeth Colarusso, (508) 852-0600 x51352
For appointments: (508) 853-2854

AYER

Nashoba Valley Occupational Health

200 Groton Road, Ayer, MA 01432
Tel: (978) 784-9328 / Fax: (978) 784-9666
Contact: Marcia Estes, (978) 784-9633
For appointments: (978) 784-9328 option #5

BEVERLY

Quadrant Health Strategies

500 Cummings Center, Suite 4350
Beverly, MA 01915
Tel: (978) 532-2428 / Fax: (978) 532-0616
Contact: Diane Talbot, (978) 998-3173
For appointments: (978) 532-2428

BILLERICA

CareWell Urgent Care

510 Boston Road, Billerica, MA 01821
Tel: (978) 362-2443 / Fax: (978) 362-8799
Contact: Linda Zacchini, Practice Manager

BOSTON

New England Baptist Occupational Health

125 Parker Hill Ave., 3rd Floor Suite 360
Boston, MA 02120
Tel: (617) 754-5620 ext 1 / Fax: (617) 754-6453
Contact: Kathy Lehan, NCM, (617) 754-6786
For appointments: (617) 754-5246

OccMed Consulting & Injury Care, LLC

10 Hawthorne Place, Suite 114, Boston, MA 02114
Tel: (617) 367-5002 / Fax: (877) 529-0181
Contact: Emily Burress (617) 314-2018
For appointments: (617) 314-2018

BROCKTON

Tristan Medical Express Care

1340 Belmont St., Brockton, MA 02301
Tel: (508) 583-1400 / Fax: (508) 583-3400
Contact: Donna Chase, (508) 824-0243 Option 2
For appointments: (508) 583-1400

CAMBRIDGE

CareWell Urgent Care

1400 Cambridge St. (at Inman Square)
Cambridge, MA 02139
Tel: (617) 714-4534 / Fax: (617) 714-4962

CareWell Urgent Care

601-603 Concord Ave., Cambridge, MA 02138
Tel: (857) 972-7538 / Fax: (857) 706-1108

Mount Auburn Hospital Occupational Health

725 Concord Ave, Suite 5100, Cambridge, MA 02138
Tel: (617) 354-0546 / Fax: (617) 868-4497
Contact: Bob Benoit, Manager (617) 499-6722
For appointments: (617) 354-0546

DEDHAM

Davis Occupational Health

200 Providence Highway, Suite 202-203
Dedham, MA 02026
Tel: (781) 326-1464 / Fax: (781) 326-9075
Contact: Dr. Agustino Iarrobino, MD/Practice Manager
For appointments: (781) 255-0778

Insured required to have an account

Employer must call ahead, walk-ins not accepted

****Not accepting new patients/accounts****

DRACUT

**Circle Health Dracut
(Opening Sept 17th 2018)**

9 Loon Hill Road, Dracut, MA 01826
Tel: (978) 323-5900 (F) (978) 323-5910
Contact: Elizabeth Cunningham, Practice Manager

EAST LONGMEADOW

Occu-Health

200 North Main St., Suite 5
East Longmeadow, MA 01028
Tel: 844-885-1489/ Fax: (413) 525-9009
Contact: Chris Parent, Owner
For appointments: (413) 525-6003

FAIRHAVEN

Southcoast Health System Urgent Care

208 Mill Rd, Fairhaven, MA 02719
Tel: (508) 973-2432 / Fax: (508) 973-2435
Contact: Karen Scott, (508) 973-9117

Tristan Medical Express Care (Urgent Care)

210 Washington St., Fairhaven, MA 02719
Tel: (508) 992-5546 / Fax: (508) 990-0391
Contact: Donna Chase, (508) 824-0243 x104

FALL RIVER

Southcoast Occupational Health @ Charlton Hospital

534 Prospect St., Fall River, MA 02720
Tel: (508) 973-7044 / Fax: (508) 973-7098
Contact: Karen Scott, (508) 973-9117
For appointments: (508) 973-7044

Trumed Inc.

528 Newton St., Fall River, MA 02721
Tel: (508) 675-1522 / Fax: (508) 676-5647
Contact: Lisa Souza, Practice Manager
For appointments: (508) 675-1522

FITCHBURG

CareWell Urgent Care

380 John Fitch Highway, Fitchburg, MA 01420
Tel: 978-216-6595 / Fax: 978-696-3569
Contact: Aaron Martin, Practice Manager

FRAMINGHAM

CareWell Urgent Care

50 Worcester Road (Route 9), Unit 3
Framingham, MA 01702
Tel: (508) 861-7375 / Fax: (508) 861-3952
Contact: Sarah McInain, Regional Manager

GREENFIELD

AEIOU Occupational Health and Urgent Care

489 Bernardston Rd, Greenfield, MA 01301
Tel: (413) 773-1394 / Fax: (413) 773-1398
Contact: Lisa Rhoades, Practice Manager
For appointments: (413) 773-1394

HADLEY

MedExpress Urgent Care

424 Russell St. Hadley, MA 01035
Tel: (413) 584-6104 / Fax: (413) 586-6513
Contact: Nathan Jamroga, Area Manager (413) 241-1464
For appointments: (413) 253-0483

Occu-Health

106 Russell St. Hadley, MA 01035
Tel: (413) 584-6104 / Fax: (413) 586-6513
Contact: Chris Parent, Owner
For appointments: (413) 584-6104

HOLYOKE

Work Connection at Holyoke Hospital

575 Beech St., Holyoke, MA 01040
Tel: (413) 534-2546 / Fax: (413) 534-2663
Contact: Patrick McIntyre, Manager
For appointments: (413) 534-2576

HYANNIS

Cape & Islands Occupational Medicine

130 North St., Lower Level, Hyannis, MA 02601
Tel: (508) 568-3773 / Fax: (508) 771-5774
Contact: Hillary Hutchinson
For appointments: (508) 568-3773

Tristan Medical Mid-Cape

489 Bearses Way, Hyannis, MA 02601
Tel: (508) 771-4092 / Fax: (508) 771-9466
Contact: Harvey Scher, Operations Manager
For appointments: (508) 771-4092

LAWRENCE

Work Health at Lawrence Hospital

Marston Medical Center
25 Marston St, Suite 204, Lawrence, MA 01841
Tel: (978) 683-4000 ext 2343 / Fax: (978) 946-8296
Contact: Janet Sheehan, Manager
For Appointments: (978) 683-4000 X2343

Primary Occupational Health Centers

BDOHI Credentialed Affiliates in **BLUE**

LEOMINSTER

Take Charge Occupational Health

510 North Main St., Leominster, MA 01453
Tel: (978) 248-8880 / Fax: (978) 534-3875
Contact: Kathleen Kusmarik, Practice Manager
For appointments: (978) 248-8880

LEXINGTON

CareWell Urgent Care

58 Bedford St., Lexington, MA 02420
Tel: (781) 538-4526 / Fax: (781) 538-4531
Contact: Mike Lord, Regional Manager

LONGMEADOW

Occu-Health

200 North Main St Suite 5, East Longmeadow MA 01028
Tel: (413) 525-6003 / Fax: (413) 525-9009
Contact: Chris Parent, Owner
For appointments: (413) 584-6104

MARLBOROUGH

CareWell Urgent Care

757 Boston Post Road East, Marlborough, MA 01752
Tel: (508) 630-8989 / Fax: (508) 630-8981
Contact: Valerie Roman, Site Manager

MedWorks Occupational Health

UMass Memorial at Marlborough Hospital
157 Union St., Marlborough, MA 01752
Tel: (508) 486-5711 / Fax: (508) 229-1201
Contact: Annette Casco, Practice Mgr. (508) 486-5901
For appointments: (508) 486-5711

MILFORD

TeamWork Occupational Health - Milford Hospital

115 Water St., 2nd Floor, Milford, MA 01757
Tel: (508) 422-2761 / Fax: (508) 473-7588
Contact: Melissa Paquette
For appointments: (508) 422-2761

NEEDHAM

Beth Israel Deaconess Hospital - Needham Occupational Health

300 Chestnut St., Needham, MA 02492
Tel: (781) 453-8440 / Fax: (781) 453-8445
Contact: Karen Foulkrod, Administrative Director
For appointments: (781) 453-8440

(Does not suture)

CareWell Urgent Care

922 Highland Ave, Needham, MA 02494
Tel: (781) 400-1383 / Fax: (781) 400-5914
Contact: Sarah McClain, Regional Manager

NEW BEDFORD

Southcoast Occupational Health at St Luke's Hospital

101 Page St., New Bedford, MA 02740
Tel: (508) 973-5469 / Fax: (508) 973-5472
Contact: Joseph Scott, (508) 973-9117
For appointments: (508) 973-5469

NORTH ATTLEBORO

Tristan Medical North Attleboro Care Center

465 S. Washington St., North Attleboro, MA 02760
Tel: (508) 316-0725 / Fax: (508) 316-1685
Contact: Chanell Sae-Eaw, (508) 316-0725
For appointments: (508) 316-0725

NORTH EASTON

Care Central Urgent Care

682 Depot Street, North Easton, MA 02356
Tel: (508) 297-1665 / Fax: (508) 297-2114
Contact: Dr. Renee Wilson, Owner

NORTHBOROUGH

CareWell Urgent Care

333 Southwest Cutoff, Unit 202
Northborough, MA 01532
Tel: (508) 466-8677 / Fax: (508) 466-8678
Contact: Andrew Fassbender, Practice Manager

NORTON

Tristan Medical Occupational Health & Primary Care

184 West Main St., Norton, MA 02766
Tel: (508) 824-0243 / Fax: (508) 828-1810
Contact: Donna Chase, (508) 824-0243 option 5
For appointments: (508) 824-0243

NORWELL

CareWell Urgent Care

42 Washington St., Norwell, MA 02061
Tel: (781) 421-3503 / Fax: (781) 421-3512
Contact: Susan Courage, Practice Manager

PEABODY

CareWell Urgent Care

229 Andover St. (Rte 114), Peabody, MA 01960
Tel: (978) 826-5950 / Fax: (978) 826-5951
Contact: Linda, Practice Mgr, (978) 826-5950

Primary Occupational Health Centers

BDOHI Credentialed Affiliates in **BLUE**

PITTSFIELD

Berkshire Medical Center Occupational Health

610 North St., Pittsfield, MA 01201
Tel: (413) 447-2684 / Fax: (413) 447-2805
Contact: John McLean, Client Liaison (413) 447-2029
For appointments: (413) 447-2684

PLYMOUTH

Beth Israel Deaconess Hospital – Plymouth

Jordan on the Job Occupational Health
45 Resnick Rd., Suite 201, Plymouth, MA 02360
Tel: (508) 732-0401 / Fax: (508) 732-0354
Contact: Ted Harrington (508) 732-0127
For appointments: (508) 732-0401

RAYNHAM

Tristan Medical Urgent Care Center

675 Paramount Dr., Suite 203, Raynham, MA 02767
Tel: (508) 880-0012 / Fax: (508) 880-0032
Contact: Donna Chase, (508) 824-0243 x100

SANDWICH

Cape & Islands Occupational Medicine

18 Route 6A, Building 2, Sandwich, MA 02563
Tel: (508) 568-3773 / Fax: (508) 771-5774
Contact: Hillary Hutchinson
For appointments: (508) 568-3773 (Apts only Fridays)

SEEKONK

Southcoast Urgent Care Center (Seekonk)

39 Commerce Way, Seekonk, MA 02771
Tel: (508)-336-6181 (F) 508-336-6191

SHREWSBURY

Reliant Medical Occupational Health

222 Boston Turnpike, Shrewsbury, MA 01545
Tel: (508) 853-2854 / Fax: (508) 853-4354
For appointments: (508) 853-2854

SOMERVILLE

Cambridge Health Alliance Occupational Health

Assembly Square Mall
5 Middlesex Ave, 1st Floor, Somerville, MA 02145
Tel: (617) 591-4660 / Fax: (617) 591-4693
Contact: Bill Greene, Business Ops Manager, (617) 591-4673
For appointments: (617) 591-4660

CareWell Urgent Care

349 Broadway, Somerville, MA 02145
Tel: (617) 996-6987 / Fax: (617) 996-6989
Contact: Sharay Howard, Practice Manager

SOUTH DENNIS

CareWell Urgent Care

Patriot Square, 484 Route 134, S. Dennis, MA 02660
Tel: (508) 694-7901 / Fax: (508) 694-7898
Contact: Sarah McLain, Practice Manager

SOUTHBOROUGH

Reliant Medical Occupational Health

28 Newton St., Southborough, MA 01772
Tel: (508) 460-3228 / Fax: (508) 486-4404
Contact: Mary Beth Colarusso, (508) 852-0600 x51352
For appointments: (508) 460-3228

SOUTHBRIDGE

CompreCare Occupational Health

Harrington Hospital
32 Oakes Ave., 1st Floor, Southbridge, MA 01550
Tel: (508) 765-3093 / Fax: (508) 765-3047
Contact: Arlene Smith, Practice Manager
For appointments: (508) 765-3093

SPRINGFIELD

Pioneer Valley Occupational Medicine at Family Care Medical Center

1515 Allen St., Springfield, MA 01118
Tel: (413) 783-9114 / Fax: (413) 782-0960
For appointments: (413) 783-9114

WorkWise at Mercy Hospital

Weldon Center at 233 Carew St, Suite 125
Springfield, MA 01104
Tel: (413) 748-6869/ Fax: (413) 748-6877
Contact: Patty Weller, Clinic Manager, opt #5
For appointments: (413) 748-6869 opt #2

STOUGHTON

Care Central Urgent Care

286 Washington St., Stoughton, MA 02072
Tel: (781) 341-2800 / Fax: (781) 341-2828
Contact: Dr. Renee Wilson, Owner

TEWKSBURY

CareWell Urgent Care

345 Main St., Tewksbury, MA 01876
Tel: (978) 851-4683 / Fax: (978) 710-5054
Contact: Mike Lord, Regional Manager

WALTHAM

Newton-Wellesley Urgent Care Center – Waltham

Children's Hospital Building
9 Hope Ave. Waltham, MA 02453
Tel: (617) 243-5590 / Fax: (617) 243-6126

Primary Occupational Health Centers

BDOHI Credentialed Affiliates in **BLUE**

WAREHAM

Southcoast Health Systems Urgent Care

Wareham Crossing
2421 Cranberry Highway Suite 20, Wareham, MA 02571
Tel: (508) 273-1810
Contact: Kelly Houde, Office Manager

WESTFORD

Circle Health/ Lowell General Hospital Occ Med

198 Littleton Road, Westford, MA 01863
Tel: (978) 458-6868 / Fax: (978) 458-3735
Contact: Betsy Cunningham, Clinical Manager
For appointments: (978) 458-6868

WILMINGTON

Concentra Urgent Care & Occupational Medical Ctr

66 B Concord St., Wilmington, MA 01887
Tel: (978) 657-3826 / Fax: (978) 657-6155
Contact: Ellen Maxfield, Ops Manager
For appointments: (978) 657-3826

All One Health

200 Ballardvale Street, Suite 301
Wilmington, MA 01887-1075
Tel: (800) 350-4511 ext. 5021 / Fax: (781) 938-4686
Contact: Regional Ops Manager

WORCESTER

CareWell Urgent Care

348 Greenwood St., Worcester, MA 01607
Tel: (774) 420-2103 / Fax: (774) 420-2104
Contact: Valarie Roman, Site Manager

CareWell Urgent Care

500 Lincoln St., Worcester, MA 01605
Tel: (774) 420-2111 / Fax: (774) 420-2112
Contact: Nicole Troy, Site Manager

Webster Square Medical Center

255 Park Ave., Suite 400, Worcester, MA 01609
Tel: (508) 755-9776 / Fax: (508) 831-7861
Contact: Judy Gedman, x228
For appointments: (508) 755-9776 opt #1

RHODE ISLAND

PAWTUCKET

Armistice Urgent Care and Occupational Health

209 Armistice Blvd., Pawtucket, RI 02860
Tel: (401) 725-4100 option #6 / Fax: (401) 728-5010

WARWICK

CareWell Urgent Care

535 Centerville Rd., Suite 102, Warwick, RI 02886
Tel: (401) 773-7220 / Fax: (401) 773-7221
Contact: Vanessa Hedquist, Practice Manager

WOONSOCKET

Landmark Medical Center/Occupational Health

176 Cass Avenue, Woonsocket, RI 02895
Tel: (401) 767-1594 / Fax: (401) 767-1629

NEW HAMPSHIRE

BERLIN

Coos County Health Services
133 Pleasant St., Berlin, NH 03570
Tel: (603) 752-2040 / Fax: (603) 752-7797

CONCORD

Merrimack Valley Occupational Health
171 Pleasant St., Concord, NH 03301
Tel: (603) 228-3500 / Fax: (603) 228-3503

CONWAY

Saco Medical Group
7 Greenwood Ave., Conway, NH 03818
Tel: (603) 447-3500 / Fax: (603) 447-5568

EXETER

Center for Occupational and Employee Health
6 Hampton Rd, Exeter, NH 03833
Tel: (603)-580-6635/ Fax: (603)-580-6579
Contact: Rose Phillips Practice Manager (603) 580-7323
For appointments: Alena Ciriello (603)-580-6635 x1

The Bakie Ctr at Access Occupational Medicine
Access Health Building
1 Hampton Rd, Exeter, NH 03833
Tel: (603) 775-7575 Ext 3001 / Fax: (603) 778-9680

Primary Occupational Health Centers

BDOHI Credentialed Affiliates in **BLUE**

KEENE

Cheshire Medical Center Occupational Health
448 West St., Keene, NH 03431
Tel: (603) 354-6585 / Fax: (603) 354-6584

LEBANON

Dartmouth Hitchcock Medical Center
Occupational Health Center
One Medical Center Dr., Lebanon, NH 03756
Tel: (603) 653-3850 / Fax: (603) 650-0928

Occupational Health at Alice Peck Day
10 Alice Peck Day Drive, Lebanon, NH 03766
Tel: (603) 448-7459 / Fax: (603) 448-7469

LITTLETON

Littleton Hospital Occupational Health
600 St. Johnsbury Rd., Littleton, NH 03561
Tel: (603) 444-9294 / Fax: (603) 444-9025

MANCHESTER

ExpressMED/Bedford Occupational & Acute Care
1 Highlander Way, Manchester, NH 03103
Tel: (603) 625-2622 / Fax: (603) 626-1816

ExpressMED/Bedford Occupational & Acute Care
35 Kosciuszko Street, Manchester, NH 03101
Tel: (603) 627-8053 / Fax: (603) 627-4241

NASHUA

St. Joseph Business & Health
166 Kinsley Street, Suite 203, Nashua, NH 03061-2013
Tel: (603) 595-7371 (F) 603-595-6943

NEWPORT

Newport Health Center
11 John Stark Highway, Newport, NH 03773
Tel: (603) 863-4100 / Fax: (603) 863-3585

PORTSMOUTH

Occupational Health Services of Portsmouth Hospital
Pease International Tradeport
25 New Hampshire Avenue, Suite 105
Portsmouth, NH 03801
Tel: (603) 430-9675 / Fax: (603) 334-6088